

04-16-2019 National Care Transitions Awareness (CCSQ Grand Rounds Live Webinar)

Continuing Education (CE) Activity Information & Instructions

(Live Activity #: WE-L04162019-GR)

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Activity Information

Activity Description

This Grand Rounds event identified solutions to address complex care by linking high risk individuals to community-based non-clinical services, described an evidence-based method for managing suicide risk in care transitions, recognized the strategic importance of working across clinical and non-clinical sectors to address social determinants of health needs, and identified opportunities to collaborate with community-based organizations to increase patient activation and self-management skills.

Please click or copy the ling into a web browser to access the recorded webinar:

Play recording

Target Audience

This activity is designed for physicians and other health care professionals.

Learning Objectives

By the end of this activity, participants should be able to:

- Identify solutions to address complex care by linking high risk individuals to communitybased non-clinical services
- Describe an evidence-based method for managing suicide risk in care transitions
- Recognize the strategic importance of working across clinical and non-clinical sectors to address social determinants of health needs
- Identify opportunities to collaborate with community-based organizations to increase patient activation/self-managementskills

Participation

Register for the webinar, participate in the webinar, and access and complete the assessment and evaluation, per the *Instructions for Continuing Education Credit*, at the end of this document.

Speaker Bios & Disclosures (alphabetical by last name)

No one in a position to control the content of this activity has anything to disclose. All planners and developers of this activity have signed a disclosure statement indicating any relevant financial interests. This activity was developed without commercial support.

Michael H. Allen, MD, presenter, is a national authority in the areas of suicide and agitation, bipolar disorder and psychiatric emergency services. Dr. Allen received a Brain & Behavior Research Foundation's NARSAD Independent Investigator award for the study of nicotine and agitation. He served as a Consultant and Principal Investigator from the inception of the inhaled loxapine program for agitation. In the field of suicide care, Dr. Allen has been a principal investigator for four large studies, including over 7158 suicidal individuals. These studies include the National Institute of Mental Health funded (NIMH-funded) Systematic Treatment Enhancement Program for Bipolar Disorder (STEP-BD), the Psychiatric Emergency Research Collaboration (PERC), the NIMH-funded ED Safety Assessment and Follow-up Evaluation (ED SAFE), the largest suicide intervention trial ever conducted, and PRISM, a Military Operational Medicine Research Program study of suicide screening in military primary care settings.

Dr. Allen has over 100 original articles and is an author of U.S. and world guidelines for the management of problems in these and several other areas. He has served as the prinicipal

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Dr. Allen's professional experience includes serving as a Member the National Institutes of Health (NIH) Emergency Medicine Roundtable, President of the American Association, Vice President of the International Association for Emergency Psychiatry, Chair of the American Psychiatric Association Task Force on Psychiatric Emergency Services, and the Lead Expert for the Expert Consensus Guideline for the Management of Behavioral Emergencies. He also served as a Member of the American College of Emergency Physicians Clinical Policy Committee, Steering Committee Member for the National Suicide Prevention Lifeline (800-273-TALK), and President of the Board of the Carson J. Spencer Foundation. In addition, Dr. Allen served as a Consultant to the U.S. Department of Justice Civil Rights Division, the Centers for Medicare & Medicaid Services (CMS), the Joint Commission, the Substance Abuse and Mental Health Services Administration, and the National Institute of Mental Health funded (NIMH).

Dr. Allen earned a Doctor of Medicine degree from the University of Colorado School of Medicine.

Craig Behm, MBA, presenter, is the Executive Director for the Chesapeake Regional Information System for our Patients (CRISP) Maryland, the state-designated health information exchange (HIE). In this role, Mr. Behm leads all statewide HIE activities, including customer engagement, product implementation, and reporting services. He works directly with state agencies to support Maryland's Total Cost of Care Model and Population Eat programs. Mr. Behm participated in the Technology alignment activities for Maryland's Total Cost of Care Model. He is also an instructor at University of Maryland Baltimore County's Master's Program in Health Information Technology, where he teaches quality and process improvement. He is an adjunct faculty member at the University of Maryland Baltimore County, where he conducts seminars and group learning activities for students with diverse backgrounds. He frequently speaks at conferences and other events.

Mr. Behm earned a Master of in Business Administration degree from Loyola University Maryland.

Leigh Ann Eagle, BS, presenter, has been employed with Mac Inc., since May 1995 and has served as the Executive Director of the Maryland Living Well Center of Excellence since July 2015. Ms. Eagle developed the Center of Excellence for the State of Maryland and has acquired 26 hospital partners in the state. The Living Well Center of Excellence (LWCE) has received three grants for sustainability of evidence-based programs in the community and working with clinical partners. Under Ms. Eagle's leadership, the LWCE has one won three national awards, the John A Hartford Foundation, the National Association of Area Agencies on Aging (N4A), and the Innovations and Achievement Award. Her professional experience includes serving in director of wellness and senior care worker positions. In addition, Ms. Eagle has developed education for evidence-based community programs and long term care and supports.

Ms. Eagle earned a Bachelor of Science degree in Heath Education and Sports Medicine from Salisbury University.

Kathryn Fiddler, DNP, MS, RN, presenter, is the Vice President of Population Health at Peninsula Regional Health System (PRHS). In her leadership role, Dr. Fiddler is responsible for population health initiatives across the continuum of care. She led the transition of Population Health for PRHS to a program that touches thousands of people on the Delmarva Peninsula. The Peninsula Regional Medical Center (PRMC) Population Health Team focuses their educational messages

and preventative screenings on things everyone can do to live a healthier and more productive lifestyle. The team uses its Wagner Wellness Van and other opportunities to reach people directly where they live. Dr. Fiddler is working with PRHS staff and community physicians to develop a strategic plan featuring initiatives focused on reducing the total cost of healthcare in our community and meeting the healthcare needs of consumers in all stages of their lives.

CareWrap is another population health initiative developed under Dr. Fiddler's leadership. This partnership with PRMC and the Lower Shore Clinic enhanced access to care and education for extremely high-risk patients. This program has resulted in a six month reduction in emergency department use and hospital admissions for these patients, through comprehensive care coordination. In partnership with the Wicomico County Health Department and the City of Salisbury Emergency Medical Services, Dr. Fiddler also developed a home visitation program known as SWIFT. This team of a Salisbury paramedic and PRMC nurse provides home visits for individuals who are frequent users of 911. The SWIFT team works collaboratively to reduce overuse of emergency services and improve access by connecting community members with healthcare options better provided in a primary or specialty care setting.

Dr. Fiddler has also presented nationally on population health and serves on the American Association of Ambulatory Care Nurses National Task Force, supporting care coordination. Prior to joining PRMC, Dr. Fiddler was employed by CareFirst in Baltimore, as the Senior Director for one of the largest Patient-Centered Medical Home (PCMH) programs in the country. She is a Registered Nurse and a retired U.S. Air Force Major.

Dr. Fiddler earned both Doctor of Nursing Practice and Master of Science in Nursing degrees from Salisbury University.

V. Robyn Kinebrew, MA, presenter, has over 10 years of experience working in the human resources field and is an advocate for improving care for individuals with sickle cell disease. Ms. Kinebrew has two sons who have sickle cell disease. She has presented her family story at multiple conferences.

Ms. Kinebrew earned a Master of Arts degree in Human Resources from the University of Cincinnati.

Shari Ling, MD, developer/planner, is the Deputy Chief Medical Officer (CMO) for the Centers for Medicare & Medicaid Services (CMS) and Medical Officer in the Centers for Clinical Standards and Quality (CCSQ). She assists the CMS CMO in the Agency's pursuit of higher quality health care, healthier populations, and lower cost through quality improvement. Dr. Ling served on the faculty of the Johns Hopkins School of Medicine for five years before joining the Intramural Research Program of the National Institutes of Health (NIH) at the National Institute on Aging (NIA) as a Staff Clinician for eight years. At the NIA, Dr. Ling studied human aging and age-associated chronic diseases with attention to musculoskeletal conditions and mobility function for eight years.

Dr. Ling is also a Gerontologist. She served as the Clinical Services Co-Director of the Andrus Older Adult Counseling Center after receiving her training in direct service from the Leonard Davis School at the University of Southern California.

Dr. Ling earned a Doctor of Medicine degree at Georgetown University School of Medicine.

Patrick Wynne, BS, developer/planner, is employed as a Health Insurance Specialist with the Center for Clinical Standards and Quality (CCSQ) at the Centers for Medicare & Medicaid Services (CMS). Mr. Wynne has been employed with CMS for over six years and is serving as the Contracting Officer Representative (COR) on the Grand Rounds Contract. His previous experience with CMS includes serving as a Contract Specialist and Financial Analyst.

Mr. Wynne earned a Bachelor of Science degree in Sport Management from the York College of Pennsylvania.

Continuing Education Credit Information

Continuing Education Credit

Accreditation Council for Continuing Medical Education (ACCME)

The Centers for Medicare & Medicaid Services (CMS) designates this **live activity** for a maximum of $\underline{1 \text{ AMA PRA Category 1 Credit}^{\text{TM}}}$. Physicians should only claim credit commensurate with the extent of their participation in the activity. Credit for this course expires at midnight on May 6, 2019.

International Association for Continuing Education and Training (IACET)

The Centers for Medicare & Medicaid Services (CMS) is authorized by IACET to offer <u>0.1 Continuing Education Unit (CEU)</u> for this activity. CEU will be awarded to participants who meet all criteria for successful completion of this educational activity. CEU credit for this course expires at midnight on <u>May 6, 2019</u>.

Accreditation Statements

Please click here for accreditation statements.

Instructions for Continuing Education Credit

The Medicare Learning Network ${\bf @}$ (MLN) recently upgraded its Learning Management System (LMS).

If you were already registered in the former MLN Learning Management System (LMS), you do not need to create a new login or password. However, the appearance of the system and instructions for registering, logging-in, accessing courses, and obtaining certificate information have all changed.

For more information on the new LMS, please visit https://www.cms.gov/Outreach-and-Education/Medicare-Learning-Network-MLN/MLNProducts/Downloads/LMPOS-FAQs-Booklet-ICN909182.pdf.

Learning Management System (LMS) Instructions

In order to receive continuing education credit for this live activity, you must pass the session post-assessment and complete the evaluation. The continuing education post-assessments and evaluations are being administered through the Medicare Learning Network®.

The post-assessment will be available on the Medicare Learning Network® (MLN) Learning Management System (LMS). Participants will need to login or register, to access the post-assessment.

Registering To Take a Post-Assessment

If you have previously taken Medicare Learning Network® (MLN) web-based training (WBT) courses, you may use the login ID and password you created for those courses. If you are a new user, you will need to register.

Already have an account with the MLN LMS?

To login (if you already have an account):

- 1. Go to the LMS Homepage https://learner.mlnlms.com
- 2. Enter your login ID and password and click on "Log In"

Don't have an account with the MLN LMS?

Accessing the LMS/registering if you have NO account

- Need step by step instructions with screen shots?
- Forgot your password?
- Want to edit your account information?

See instructions with screen shots at MLN FAQS on the CMS webpage

How do I create an account?

- 1. Go to the LMS Homepage https://learner.mlnlms.com
- 2. Select "Need an Account?"
- 3. Enter information for all the required fields (those with asterisks)

*NOTE: Your login ID is case sensitive. Your password must include at least the following: Eight characters

- One number
- One lowercase letter
- One uppercase letter
- One of the following six symbols: ! @ \$ % & ?

You may select "Other" for the "Health Care Provider" and "Health Care Facility Type" fields. You may select "Other" or "None" for the "Association" field, if you are not associated with an association or your's is not listed.

- 4. At the "Select Organizations" screen, type "CMS" in the "Find Organization" field, and select "Search." Select "CMS-MLN Learners Domain Organization," and select "Save"
- 5. Complete the "Time Zone," "Region," and "# of Records (per page)" fields
- 6. Select "Create" to create your LMS account
- 7. A verification code will be sent to your email address that was used to create the new account. Enter the code and select "Go"

Add <u>MLN@cms.hhs.gov</u> to your address book to prevent MLN communications from going to your spam folder.

Finding the Post-Assessment:

- 1. Log In at https://learner.mlnlms.com
- 2. Enter title "**04-16-2019 National Care Transitions Awareness**" in the "Browse Catalog" box (If you do not see the "Browse Catalog" box you will need to open your browser more)
- 3. Click on the title in the dropdown, scroll to the bottom of the page
- 4. Click "Enroll," scroll to the bottom of the page
- 5. Click "Access Item," scroll to the bottom of the page
- 6. Click "Post-Assessment," open item

Accessing Your Transcript and Certificate

To complete the course and get your certificate, you must complete the course evaluation. Please click here for instructions for completing the evaluation and accessing your transcript and certificate.

For questions regarding continuing education credit contact CMSCE@cms.hhs.gov via email.

Hardware/Software Requirements

Please click here for hardware and software requirements.

CMSCE Program Policies

Please click here for CMSCE Program Policies.

CMS Privacy Policy

Please click here for CMS' Privacy Policy.

Help

For questions regarding the content of this activity, or technical assistance with the Medicare Learning Network® (MLN) Learning Management System (LMS), your assessment, or certificate, contact CMSCE at cmsceams.nhs.gov via email.